

Tiger Hong's World Class Taekwondo

TAE KWON DO KOREAN TERMS

Sparring

Gyoroogi

겨루기

Break

(This is used to separate competitors in sparring matches)

kahl Yo 갈려

Continue

(This is used to engage competitors in sparring matches)

Kay Sok 계속

Start

Sheejak

시작

Finish

Kheumahn

그만

